

AUGUST 2015 IDC

EXTRA SNACK MENU

3 PM: Puffed Rice Cereal and Water (2g)	4 PM: Rice Cakes and Water (2g)	5 PM: Goldfish and Water (4g)	6 PM: Corn Chex and Water (2g)	7 PM: Vanilla Wafers and Water (2g)
10 PM: Fruit & Grain Bar and Water (2g)	11 PM: Teddy Grahams and Water (2g)	12 PM: Cheez-Its and Water (6g)	13 PM: Cheese Cubes and Water (4g)	14 PM: Muffins and Water (2g)
17 PM: Oyster Crackers and Water (2g)	18 PM: String Cheese and Water (2g)	19 PM: Veggie Straws and Water (4g)	20 PM: Fig Bars and Water (2g)	21 PM: Pretzels and Water (2g)
24 PM: Cheese Puffs and Water (2g)	25 PM: Vanilla Wafers and Water (2g)	26 PM: Raisins and Water (6g)	27 PM: Cheerios and Water (2g)	28 PM: Veggie Straws and Water (2g)
31 PM: Goldfish and Water (4g)				